

Breakfast Menu

Breakfast 8am — 11am



Hot Breakfast

J+A Breakfast — 12.00

Sausage, Bacon, Boxy, Tomato, Mushroom, Clonakilty Black and White Pudding + Fried Eggs

Veggie Breakfast (V) — 9.50

Mushroom, Tomato, Beans, Boxy, Spinach + Fried Eggs

Organic Smoked Salmon from The Burren + Scrambled Eggs — 11.00

Served on Irish Soda Toast

J+A Breakfast Sandwich — 9.50

Sausage, Bacon, Fried Egg, Clonakilty Black Pudding + Ballymaloe Relish

Boxty + Fried Eggs (V) — 7.50

With Ballymaloe Relish

+ Ham Hock — 1.50

No Bread Breakfast (GF) — 7.00

Poached Eggs, Bacon, Tomato + Mushroom

Organic Eggs on Toast / Boiled Eggs + Soldiers — (V) 5.00

Eggs Benedict / Florentine — 10.00

English Muffin, Ham or Spinach, poached Eggs + Hollandaise

Eggs Royale — 11.00

English Muffin, Organic Smoked Salmon, Poached Eggs + Hollandaise

Pancakes — 10.00

Crispy Bacon, Scrambled Eggs + Maple Syrup

Sweet Pancakes (V) — 8.50

Seasonal Fruit, Whipped Cream + Maple Syrup

Omlette (V) — 5.00

With a choice of J+A Extras (Charged per item)

Bacon / Sausage Sandwich — 5.00

+ Egg — 1.00

V — Vegetarian, H — Healthy, GF — Gluten Free*

DF — Dairy Free, N — Contains Nuts, C — Caffeine

*Allergen Advice: at J+A Cafe we do use and store foods containing allergens.

We follow correct procedure to avoid cross-contamination but cannot guarantee no-trace.

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Fruits + Grains

Organic Jumbo Oat Porridge with Honey (H) — 4.50

Proper Irish Porridge Oats with Seasonal Toppings

+ Honey / Brown Sugar

+ Golden Syrup / Maple Syrup — 75p

+ Cows Milk + Almond Milk + Soya Milk — 20p

+ Banana — 50p

+ Apple, Cinnamon + Raisins — 1.00

+ Seeds + Nuts — 1.00

+ Berry Compote — 2.50

+ Apple + Prune Compote — 2.50

J+A's Granola / Museli with Yoghurt + Honey (H) — 6.00

Fresh Fruit Salad with Yoghurt + Honey (H) — 7.50

Boxty on the griddle,

Boxty on the pan

If you can't make Boxty

You'll never meet a man

Extras

Boxty — 1.00

Sausage / Bacon / Ham — 1.50

Organic Smoked Salmon — 4.50

Baked Beans / Ballymaloe Relish — 75p

Organic Egg x 1 — 1.00

Tomato / Mushroom — 1.20

Clonakilty Black or White Pudding — 1.00

Spinach — 1.50

Avocado — 2.00

*Free From Gluten Bread — 1.00

Gubbeen Cheese — 1.50

Fruit Compote — 2.50

Banana — 75p

Nut Butter — 1.20

Jams / Conserves — 50p

Nutella — 1.00

Maple Syrup — 75p

Greek Yogurt — 1.50

Extras only to be ordered with menu items

Irish Home Food

Healthy, wholesome home cooking and baking

Baking

— Please See our Freshly Baked Seasonal Cakes at the Counter

Freshly Baked Bread, Toasted — Irish Soda / White Crusty / Granary — 2.50

Pastry — 2.60

Chocolate Guinness Cake — 4.00

Victoria Sponge — 3.75

Freshly Baked Scone with Cream + Jam — 3.00 Scones freshly baked daily at 2pm

Refreshments

PRESS Juices — 4.50

PRESS Immunity Health Tonic Shot — 3.50

Smoothie of the Day — 4.80

Orange Juice — 3.50 / Cloudy Apple Juice — 3.50

Pink lemonade — 3.00 / Large Bottle — 8.00

Plum + Cherry — 3.00

Sloe Lemonade — 3.00

Strawberry + Rhubarb — 3.00

Ginger Beer — 3.00

Curiosity Cola / Victorian Lemonade — 3.00

Coke / Diet Coke — 3.50

Club Orange / Club Lemon / Cidona — 2.50

Ballygowen Still / Sparkling Water — 2.50

Coffee + Tea

Specialist coffee from Atkinson's Coffee Roasters Lancaster 'Archetype Blend'

Espresso / Macchiato — 1.80 / 2.00

Flat White / Latte / Cappuccino — 3.00

Americano — 2.60

Mocha / Hot Chocolate / Iced Coffee / Chai Latte / Golden Latte — 3.30

Matcha Latte — 3.60

Large Pot of Coffee — 7.50

J+A Irish Coffee — 6.50

Tea — 3.00

Irish Breakfast (C), Earl Grey (C), Chai (C), Jasmine (C), Wild blackberries, Chinese

Rose Petal, Blood Orange Fruit Tea, Egyptian Mint, Silver Needle, Orchid Oolong (C),

Breakfast Roobois, Green Chinese Sencha (C), Lapsang Souchong (C), Chamomile,

Darjeeling **Almond or Soya Milk — 0.50p**

J+A's Natural Hot Drink Remedy.....if you are feeling under the weather — 3.80

1. Lemon, Ginger, Honey and Carageen Wild SeaWeed - Colds and Coughs

2. Chai, Almond Milk, Cinamonn, Nutmeg and Tumeric - Invigorating Stress Buster