

Weekend Menu

Brunch, 9 — 3pm

Lunch, 12 — 3.30pm

Tea Time, 3 — 5pm



Brunch

J+A Breakfast — 10.50

Sausage, Bacon, Tomato, Mushroom, Clonakilty Black Pudding, Fried Eggs + Boxy + Clonakilty White Pudding — 1.00

Veggie Breakfast (V) — 8.50

Mushroom, Tomato, Beans, Spinach. Fried Eggs + Boxy

Spinach, Mushroom + Vegetarian Parmesan with a Poached Egg on top (V) — 8.50

Served on freshly baked Irish Soda Toast

The Burren Smoked Salmon + Scrambled Eggs — 9.50

Served on Irish Soda Toast

J+A Breakfast Sandwich — 8.00

Sausage, Bacon, Fried Egg, Clonekilty Black Pudding With Ballymaloe Relish

Boxty + Fried Eggs (V) — 6.50

With Ballymaloe Relish + Ham Hock — 1.50

Eggs Benedict / Florentine — 8.50

English Muffin, Ham or Spinach, Poached Eggs With Hollandaise

Eggs Royale — 9.50

English Muffin, Organic Smoked Salmon, Poached Eggs With Hollandaise

Pancakes (V) — 9.00

Crispy Bacon, Scrambled Eggs + Maple Syrup

Sweet Pancakes (V) — 7.50

Seasonal Fruit, Whipped Cream + Maple Syrup

Basket of Toast — 3.50 White, Granary and Freshly Baked Soda

Fruits + Grains

Organic Jumbo Oat Porridge with Honey (H) — 3.50

Proper Irish Porridge Oats with Seasonal Toppings

+ Honey / Brown Sugar

+ Cows Milk + Almond Milk + Soya Milk 20p

+ Golden Syrup / Maple Syrup — 75p

+ Banana — 50p

+ Apple, Cinnamon + Raisins — 1.00 + Seeds + Nuts — 1.00 + Prunes + Dates — 1.00

+ Berries — 2.50

+ Seasonal Baked Fruit — 2.50

J+A's Granola / Museli with Yoghurt + Honey (H) — 5.00

Fresh Fruit Salad with Yoghurt + Honey (H) — 6.50

Lunch

Irish Stew — 12.50 (H)

Traditional Stew of Lamb, Carrott, Potato and Pearl Barely

Irish Cheese Toastie — 8.50

1. Gubbeen Cheese Toastie with Spring Onion, Ballymaloe Country Relish and Baby Leaf
2. Cooleeney Camambert and Ballymaloe Counrty Relish

Roast Chicken Sandwich — 6.50

Free Range Roast Chicken, Baby Leaf, Tomato + Wholegrain Mustard Mayo

Chicken Soup — 6.50 (H)

Made with J+A's Home-made Free Range Chicken Stock served with J+A's freshly baked Soda Bread and Butter

Irish Cheese Board — 10.50

One Cheese and Soda Bread — 4.50

Cashel Blue, Gubbeen, Cooleeney Camembert served with J+A's freshly baked Soda

Bread and Ballymaloe Tomato Relish

Charcuterie Board from the Gubbeen Smokehouse Co. Cork — 16.00

Salami, Pepperoni and Chorizo with Caperberries, Gerkins and Granary Bread

Boxty on the griddle,

Boxty on the pan

If you can't make Boxty

You'll never meet a man

Extras

Extras only to be ordered with menu items

Boxty — 1.00 / Sausage / Bacon / Ham — 1.50 / Organic Smoked Salmon — 4.50

Baked Beans / Ballymaloe Relish — 75p / Organic Egg x 1 — 1.00

Black / White Pudding — 1.00 / Tomato / Mushroom — 1.20

Spinach — 1.50 / Avocado — 2.00 / Gluten Free Bread — 1.00 / 1 x Slice Toast — 50p

Berries — 2.50 / Banana — 75p / Greek Yogurt — 1.50 /

Cashew / Peanut / Nutella — 1.00 / Jams / Conserves — 50p / Maple Syrup — 75p

V — Vegetarian, H — Healthy, GF — Gluten Free*

DF — Dairy Free, N — Contains Nuts, C — Caffeine

*Allergen Advice: at J+A Cafe we do use and store foods containing allergens.

We follow correct procedure to avoid cross-contamination but cannot guarantee no-trace.

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Irish Home Food

Healthy, wholesome home cooking and baking

Tea Time

Cream Tea — 6.00

Homemade Scone with Jam + Cream and a large pot of Tea of your choice

Afternoon Tea — 14.50

Organic Smoked Salmon on Irish Soda Bread + Gubbeen Cheese with Ballymaloe Relish, Homemade Scone + Slice of Cake served with a pot of Tea of your choice

Champagne Tea — 20.00

Organic Smoked Salmon on Irish Soda Bread + Gubbeen Cheese with Ballymaloe Relish, Homemade Scone + Cake of your choice served with a pot of Tea + a glass of Bubbly

Please see our Sweet Menu for freshly baked cakes, Fresh Scones Baked Daily at 2pm!

Refreshments

— Please ask to see our Wine List

Cold Press Juices — 4.80 — See Juice Menu

Smoothie of the Day — 4.50

Orange Juice — 3.00 / Cloudy Apple Juice — 3.00

Pink lemonade — 2.80 / Large Bottle — 8.00

Plum + Cherry — 3.00

Sloe Lemonade — 3.00

Strawberry + Rhubarb — 3.00

Ginger Beer — 2.90

Curiosity Cola / Victorian Lemonade — 2.90

Coke / Diet Coke — 3.50

Club Orange / Club Lemon / Cidona — 2.50

Ballygowen Still / Sparkling Water — 2.00

Coffee + Tea

Specialist coffee from Atkinson's Coffee Roasters Lancaster 'Archetype Blend'

Espresso / Macciato — 1.40

Flat White / Latte / Cappuccino — 2.80

Americano — 2.20

Mocha / Hot Chocolate / Iced Coffee / Chai Latte — 3.00

Large Pot of Coffee — 6.00

J+A Irish Coffee — 6.00

Tea — 2.80

Irish Breakfast (C), Earl Grey (C), Chai (C), Jasmine (C), Wild blossom + Berries, Wild blackberries, Mandarin Rose Petal, Eyygypian Mint, Silver Needle, Orchid Oolong (C), Breakfast Roobois, Green Chinese Sencha (C), Lapsang Souchong (C), Chamomile, Darjeeling Almond or Soya Milk — 0.30

J+A's Natural Hot Drink Remedy.....if you are feeling under the weather — 3.80

1. Lemon, Ginger, Honey and Carageen Wild SeaWeed - Colds and Coughs

2. Chai, Almond Milk, Cinamonn, Nutmeg and Tumeric - Invigorating Stress Buster