

Weekend Menu

Brunch, 9 — 3pm
Lunch, 12 — 3.30pm
Tea Time, 3 — 5pm



Brunch

J+A Breakfast — 12.00
Sausage, Bacon, Tomato, Mushroom, Clonakilty Black and White Pudding, Fried Eggs and Boxty

Veggie Breakfast (V) — 9.50
Mushroom, Tomato, Beans, Spinach, Fried Eggs + Boxty

Spinach, Mushroom + Vegetarian Parmesan with a Poached Egg (V) — 10.50
Served on freshly baked Irish Soda Toast

The Burren Smoked Salmon + Scrambled Eggs — 11.00
Served on Irish Soda Toast

J+A Breakfast Sandwich — 9.50
Sausage, Bacon, Fried Egg, Clonekilty Black Pudding
With Ballymaloe Relish

Boxty + Fried Eggs (V) — 7.50
With Ballymaloe Relish
+ Ham Hock — 1.50

Eggs Benedict / Florentine — 10.00
English Muffin, Ham or Spinach, Poached Eggs
With Hollandaise

Eggs Royale — 11.00
English Muffin, Organic Smoked Salmon, Poached Eggs
With Hollandaise

Pancakes — 10.00
Crispy Bacon, Scrambled Eggs + Maple Syrup

Sweet Pancakes (V) — 8.50
Seasonal Fruit, Whipped Cream + Maple Syrup

Basket of Toast — 3.50 White, Granary and Freshly Baked Soda

Fruits + Grains

Organic Jumbo Oat Porridge with Honey (H) — 4.50
Proper Irish Porridge Oats with Seasonal Toppings

- + Honey / Brown Sugar
- + Cows Milk + Almond Milk + Soya Milk 20p
- + Golden Syrup / Maple Syrup — 75p
- + Banana — 50p
- + Apple, Cinnamon + Raisins — 1.50 + Seeds + Nuts — 1.00 + Prunes + Dates — 1.00
- + Berry Compote — 2.50
- + Apple and Prune Compote — 2.50

J+A's Granola / Museli with Yoghurt + Honey (H) — 6.00

Fresh Fruit Salad with Yoghurt + Honey (H) — 7.50

Lunch

Irish Cheese Toastie — 9.00
1. Gubbeen Cheese Toastie with Spring Onion, Ballymaloe Country Relish and Baby Leaf
2. Cooleeney Camambert and Ballymaloe Country Relish

Irish Stew — 14.00
Traditional Stew of Lamb, Carrots, Potatoes and Parsley

Roast Chicken Sandwich — 7.50
Free Range Roast Chicken, Baby Leaf, Tomato + Wholegrain Mustard Mayo

Chicken Soup — 7.50 (H)
Made with J+A's Home-made Free Range Chicken Stock served with J+A's freshly baked Soda Bread and Butter

Irish Cheese Board — 12.50 **One Cheese and Soda Bread** — 5.00
Cashel Blue, Gubbeen, Cooleeney Camembert with Soda Bread and Ballymaloe Relish

Charcuterie Board from the Gubbeen Smokehouse Co. Cork — 16.00
Salami, Pepperoni and Chorizo with Caperberries, Gerkins and Granary Bread

*Boxty on the griddle,
Boxty on the pan
If you can't make Boxty
You'll never meet a man*

Sides

- + *Boxty with Ballymaloe Relish* — 3.50
- + *Ham Hock* — 4.50
- + *Organic Smoked Salmon from The Burren* — 6.00
- + *Irish Cheese* — *Cashel Blue, Cooleeney Camembert or Gubbeen* — 3.50
- + *Spinach* — 3.50

V — Vegetarian, H — Healthy, GF — Gluten Free* DF — Dairy Free, N — Contains Nuts, C — Caffeine

*Allergen Advice: at J+A Cafe we do use and store foods containing allergens. We follow correct procedure to avoid cross-contamination but cannot guarantee no-trace.

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Irish Home Food

Healthy, wholesome home cooking and baking

Tea Time

Cream Tea — 6.00
Homemade Scone with Jam + Cream and a large pot of Tea of your choice

Afternoon Tea — 14.50
Organic Smoked Salmon on Irish Soda Bread + Gubbeen Cheese with Ballymaloe Relish, Homemade Scone + Slice of Cake served with a pot of Tea of your choice

Champagne Tea — 20.00
Organic Smoked Salmon on Irish Soda Bread + Gubbeen Cheese with Ballymaloe Relish, Homemade Scone + Cake of your choice served with a pot of Tea + a glass of Bubbly

Please see our Sweet Menu for freshly baked cakes, Fresh Scones Baked Daily at 2pm!

Refreshments

- PRESS Juices — 4.50
- PRESS Immunity Health Tonic Shot — 3.50 Smoothie of the Day — 4.80
- Orange Juice — 3.50 / Cloudy Apple Juice — 3.50
- Pink lemonade — 3.00 / Large Bottle — 8.00
- Plum + Cherry — 3.00
- Sloe Lemonade — 3.00
- Strawberry + Rhubarb — 3.00
- Ginger Beer — 3.00
- Curiosity Cola / Victorian Lemonade — 3.00
- Coke / Diet Coke — 3.50
- Club Orange / Club Lemon / Cidona — 2.50
- Ballygowen Still / Sparkling Water — 2.50

Coffee + Tea

Specialist coffee from Atkinson's Coffee Roasters Lancaster 'Archetype Blend'
Espresso / Macchiato — 1.80 / 2.00
Flat White / Latte / Cappuccino — 3.00
Americano — 2.60
Mocha / Hot Chocolate / Iced Coffee / Chai Latte / Golden Latte — 3.30
Matcha Latte — 3.60
Large Pot of Coffee — 7.50
J+A Irish Coffee — 6.50
Tea — 3.00
Irish Breakfast (C), Earl Grey (C), Chai (C), Jasmine (C), Wild blackberries, Blood Orange Fruit Tea, Chinese Rose Petal, Egyptian Mint, Silver Needle, Orchid Oolong (C), Breakfast Roobois, Green Chinese Sencha (C), Lapsang Souchong (C), Chamomile, Darjeeling **Almond or Soya Milk — 0.50p**

J+A's Natural Hot Drink Remedy.....if you are feeling under the weather — 3.80
1. Lemon, Ginger, Honey and Carageen Wild SeaWeed - Colds and Coughs
2. Chai, Almond Milk, Cinamonn, Nutmeg and Tumeric - Invigorating Stress Buster