

Breakfast Menu

8am — 11am



Hot Breakfast

J+A Breakfast — 13.50

Sausage, Bacon, Tomato, Mushroom, Clonakilty Black and White Pudding, Boxy + Fried Eggs

Veggie Breakfast (V) — 10.25

Mushroom, Tomato, Beans, Spinach, Fried Eggs + Boxy

Organic Inverawe Smoked Salmon + Scrambled Eggs — 13.00

Served on Irish Soda Toast

J+A Breakfast Sandwich — 9.50

Sausage, Bacon, Fried Egg, Clonakilty Black Pudding + Ballymaloe Relish

Boxty + Fried Eggs (V) With Ballymaloe Relish — 7.50

+ Ham Hock — 3.50

No Bread Breakfast (GF) — 7.50

Poached Eggs, Bacon, Tomato + Mushroom

Organic Eggs on Toast / Boiled Eggs + Soldiers — (V) 5.50

Eggs Benedict / Florentine Small — 7.00 Large — 12.00

English Muffin, Ham or Spinach, poached Eggs + Hollandaise

Eggs Royale Small — 8.00 Large — 13.00

English Muffin, Organic Smoked Salmon, Poached Eggs + Hollandaise

Pancakes — 11.00

Crispy Bacon, Scrambled Eggs + Maple Syrup

Sweet Pancakes (V) — 9.50

Seasonal Fruit, Whipped Cream + Maple Syrup

Omlette (V) — 5.50

With a choice of J+A Extras (Charged per item)

Bacon / Sausage Sandwich — 5.00

+ Egg — 1.50

V — Vegetarian, H — Healthy, GF — Gluten Free* DF — Dairy

Free, N — Contains Nuts, C — Caffeine

*Allergen Advice: at J+A Cafe we do use and store foods containing allergens.

We follow correct procedure to avoid cross-contamination but cannot guarantee no-trace.

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Baking

Freshly baked Irish Soda / White Crusty / Granary — 2.50

Toasted with a choice of Jams + Conserves

Croissant — 2.50

Pain au Chocolat / Pastry — 2.90

Chocolate Guinness Cake — 4.50

Victoria Sponge — 4.50

Freshly baked Scone with Cream + Jam — 3.50

Irish Soda Loaf — 5.00 / Half Loaf — 3.00

*Boxty on the griddle,
Boxty on the pan
If you can't make Boxty
You'll never meet a man*

Extras

— Can only be ordered with menu items

Sausage / Bacon — 1.50

Boxty x 1 — 1.50

Organic Smoked Salmon — 6.00

Baked Beans — 1.50

Ballymaloe Relish — 75p

Organic Egg x 1 — 1.50

Tomato / Mushroom — 1.50

Clonakilty Black or White Pudding — 1.50

Spinach — 3.50

* Free From Gluten Bread — 1.50

Fruit Slice of Toast — 1.50 Basket of Toast — 3.50

Irish Cheeses - Gubbeen, Cooleeney Camembert (V) or Cashel Blue — 3.50

Compote — 2.50

Banana — 75p

Peanut Butter / Nutella — 1.20

Jams / Conserves — 50p

Maple Syrup — 1.00

Greek Yogurt — 1.50

Traditional Irish Food

Healthy, wholesome home cooking and baking

Fruits + Grain

Proper Irish Porridge Oats with Seasonal Toppings — 4.50

+ Honey

+ Maple Syrup — 1.00

+ Cows Milk + Almond Milk + Soya Milk — 50p

+ Banana — 50p

+ Apple, Cinnamon + Raisins — 1.00 / + Berry Compote — 2.50

+ Seeds + Nuts — 1.00

J+A's Granola with Yoghurt + Honey (H) — 6.00

Fresh Fruit Salad with Yoghurt + Honey (H) — 7.50

Refreshments

PRESS Juices — 4.50

PRESS Immunity Health Tonic Shot — 3.50

Smoothie of the Day — 4.80

Orange Juice — 3.50 / Cloudy Apple Juice — 3.50

Pink lemonade — 3.00 / Large Bottle — 8.00

Plum + Cherry — 3.50

Sloe Lemonade — 3.50

Pear and Elderflower — 3.50

Strawberry + Rhubarb — 3.50

Ginger Beer / Curiosity Cola / Victorian Lemonade — 3.50

Coke / Diet Coke — 3.50

Ballygowen Still / Sparkling Water — 2.50

Coffee + Tea

Specialist coffee from Atkinson's Coffee Roasters Lancaster 'Archetype Blend'

Espresso / Macchiato — 1.80 / 2.00

Flat White / Latte / Cappuccino — 3.20

Americano — 2.60

Mocha / Hot Chocolate / Iced Coffee / Chai Latte / Tumeric Latte / Beetroot Latte — 3.50

Large Pot of Coffee — 7.50

J+A Irish Coffee — 7.50

Tea — 3.00

Irish Breakfast (C), Earl Grey (C), Chai (C), Jasmine (C), Chinese Rose Petal, Blood Orange

Fruit Tea, Egyptian Mint, Silver Needle, Orchid Oolong (C),

Breakfast Rooibos, Green Chinese Sencha (C), Lapsang Souchong (C), Chamomile, Darjeeling

We use Organic Whole Milk

Oat, Almond or Soya Milk — 0.50

J+A's Natural Hot Drink Remedy.....if you are feeling under the weather — 3.80

1. Lemon, Ginger, Honey and Carageen Wild Sea Weed - Colds and Coughs

2. Chai, Almond Milk, Cinnamon, Nutmeg and Tumeric - Invigorating Stress Buster